

DEPARTMENT OF PHYSICAL EDUCATION

Annual Report 2023-24

We are thrilled to share the success stories of our Department of Physical Education. Throughout the year we have diligently nurtured students displaying potential across various sports disciplines, guiding them to unlock their full capabilities. Our extensive list of winners stands as a testament to our dedication. Each year, our students shine in sports ranging from athletics, cricket, and archery to martial arts (MMA), swimming, kickboxing and more.

Our Department, while producing exceptional sports achievers, embodies the spirit of our motto, **"Born to Play, Born to Win"**. We actively cultivate an interest in sports and physical fitness among both staff and students, and aim to elevate the performance of our emerging athletes.

The year 2023-24 marks yet another period of significant accomplishments for the Department of Physical Education. It is with immense pride that we present a brief overview of our activities and achievements.

Our students have proudly represented Bengaluru City University in prestigious events such as the All India Inter University (AIU) Competitions, South West Zone Nationals, Federation Championships, Invitation Tournaments and various State and District Championships throughout the academic year 2023-24.

With continued dedication and support, we look forward to fostering a culture of excellence and achievement in sports for years to come.

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The following students are Medal winners at the University Level, South West Zone Inter University, Open National, All India Inter University Championship & many Invitation Tournaments.

ACHIEVEMENT LIST - 2023-24

ALL INDIA INTER UNIVERSITY MEDALISTS / PARTICIPANTS

Sl No	Name	Reg No	Department	Sports	Year	Achievements
1	Nanditha Raj	U18EV21C0029	3 rd Year BCom	KICK BOXING	2023-24	KHELO INDIA YOUTH GAMES
2	Likith H V	U18EV21S0242	3 rd Year BSC	BADMINTON	2023-24	SOUTH WEST ZONE (PARTICIPATION)
3	Lavanya A K	U18EV21S0254	3 rd Year BSC	ARCHERY	2023-24	SOUTH WEST ZONE (PARTICIPATION)
4	Purvaank Ramesh	U18EV22M0112	2 nd Year BBA	SWIMMING	2023-24	SOUTH WEST ZONE (PARTICIPATION)
5	H G Santhosh	U18EV21C0147	3 rd Year BCom	TABLE TENNIS	2023-24	SOUTH WEST ZONE (PARTICIPATION)
6	Purvaank Ramesh	U18EV22M0112	2 nd Year BBA	SWIMMING	2023-24	AIU (PARTICIPATION)
7	Ashith Jayanth Raj	U18EV22C0022	2 nd Year BCom	BEST PHYSIC	2023-24	AIU (PARTICIPATION)
8	Vishwanth H M	U18EV23C0120	1st Year BCom	BEST PHYSIC	2023-24	AIU (PARTICIPATION)
9	Purvaank ramesh	U18EV22M0112	2 nd Year BBA	SWIMMING	2023-24	KHELO INDIA UNIVERSITY GAMES

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OPEN NATIONAL TOURNAMENTS MEDALISTS / PARTICIPANTS

Sl No	Name	Reg No	Department	Sports	Year	Achievements
1	Aryan Yadav	U18EV21C0182	1 st Year BBA	MARTIAL ARTS (MMA)	2023-24	3 rd BRONZE MEDAL
2	Ashith Jayanth Raj	U18EV22C0022	2 nd Year B.Com	BODY BUILDING	2023-24	4 th IN OPEN STATES
3	Ashith Jayanth Raj	U18EV22C0022	2 nd year B.Com	BODY BUILDING	2023-24	6 th IN OPEN STATES
4	Dhanush M	U18EV22C0141	2 nd year B.Com	MUAYTHAI	2023-24	GOLD IN STATE CHAMPIONSHIP
5	Nanditha Raj	U18EV21C0029	3 rd year B.Com	KICK BOXING	2023-24	GOLD IN SENIOR STATE CHAMPIONSHIP
6	Abhay Sudhir Bhat	U18EV21M0015	3 rd year BBA	Badminton	2023-24	GOLD MEDAL
7	Prajwal Gowda L C	U18EM22C0160	2 nd year B.Com	Badminton	2023-24	GOLD MEDAL
8	Santosh H G	U18EV21C0147	3 rd year B.Com	Table Tennis	2023-24	SILVER MEDAL
9	N E Ravi	U18EV21C0055	3 rd year B.Sc	Table Tennis	2023-24	SILVER MEDAL
10	Prekshith h v	U18EV21S0166	3 rd year B.Com	Table Tennis	2023-24	SILVER MEDAL
11	Aryan yadav	U18EV21C0182	1 st Year BBA	MARTIAL ARTS (MMA)	2023-24	3 RD BRONZE MEDAL
12	Ansh Thakur	U18EV2M0134	1 st Year BBA	BODY BUILDING	2023-24	GOLD MEDAL (Mr. Karnataka)
13	Nanditha Raj	U18EV21C0029	3 rd year B.Com	BOXING	2023-24	GOLD MEDAL
14	Aryan Yadav	U18EV21C0182	1 st Year BBA	National Amateur MMA	2024	GOLD MEDAL

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UNIVERSITY INTER COLLEGIATE MEDALISTS / PARTICIPANTS

Sl No	Name	Reg No	Department	Sports	Year	Achievements
1	Purvaank Ramesh	U18EV22M0112	2 nd year BBA	SWIMMING	2023-24	GOLD MEDAL(09)
2	Lavanya a k	U18EV21S0254	3 rd year B.Sc	ARCHERY	2023-24	GOLD MEDAL
3	Simra fayima ali	U18EV22S0340	2 nd Year BSC	ARCHERY	2023-24	SILVER MEDAL
4	Varshitha	U18EV23S0256	1 st BCA	KARATE	2023-24	SILVER MEDAL
5	Amooly	U18EV23S0386	1 st year B.Sc	KARATE	2023-24	BRONZE MEDAL
6	Yuvika Sarin	U18EV23S0086	2 nd year B.SC	SWIMMING	2023-24	BRONZE MEDAL(02)
7	Nanditha Raj	U18EV21C0029	3 rd year B.Com	BOXING	2023-24	GOLD MEDAL
8	Ammaar ahmed khan	U18EV22C0144	2 nd year B Com	BOXING	2023-24	GOLD MEDAL
9	Pradeep S	U18EV21S0116	3 rd year Bsc	JUDO	2023-24	SILVER MEDAL
10	Falak	U18EV2100006	3 rd year BA	SHORT PUT	2023-24	BRONZE MEDAL
11	Ashith Jayanth raj	U18EV22C0022	2 nd year B.Com	BEST PHYSIC	2023-24	GOLD MEDAL
12	Vishwanth H M	U18EV23C0120	1 st Year B.Com	BEST PHYSIC	2023-24	GOLD MEDAL

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GLIMPSES OF STAFF & STUDENT SPORTS EVENT



All India Best Physique



Shotput Medalist



CONGRATULATIONS

I am pleased to inform you that Ansh Thakur from the 1st year BBA Department participated in the State Level Bodybuilding Competitions 2024 and won the Gold Medal, along with the title of Mr. Karnataka, at Acharya College, Bengaluru in the month of may

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Kick Boxing – Gold Medalist
Khelo India Sports



Muay thai –Winner

CONGRATULATIONS

I am pleased to inform you that Muktha Shree K.R from the 3rd year B.Sc (BT) Department participated in the BCU Inter-Collegiate Powerlifting Competition 2024 and won the Gold Medal at Seshadripuram College, Bengaluru In the month of may.



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BCU Overall Swimming
Champions-23-24



BCU Inter Collegiate Powerlifting
Medalist

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Department Wise Sports Team



Flag off by the Principal

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Marching Team



28th Annual Athletic Meet-2024

Chief Guest - Mr. Nithin Kumar R and Ms.Syeda Nikhat,

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Torch Barriers



Overall Champions – B.Sc

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Best Athletes (UG)



Best Athletes (PG)



MSR Ground