



RAMAIAH

College of Arts, Science &
Commerce

ಎಮ್ ಎಸ್ ರಾಮಯ್ಯ ಕಲಾ, ವಿಜ್ಞಾನ ಮತ್ತು ವಾಣಿಜ್ಯ ಕಾಲೇಜು

M S Ramaiah College of Arts, Science and Commerce

Re-accredited 'A' by NAAC, Permanently Affiliated to Bengaluru City University,
Approved by Government of Karnataka, Approved by AICTE, New Delhi,
Recognized by UGC under 2f & 12B of UGC act 1956



(National Institutional Ranking Framework, Ministry of Education, Govt of India)
Ranked 62nd in NIRF India Ranking by MHRD, New Delhi
DBT Star College Scheme

Ref. No: MSRCASC/LANG/2022-23/03

Date: 20/07/2022

CIRCULAR

Out Reach Programme

This is to inform that the Department of Indian Languages has decided to take the students for one-day Trip to **Pyramid Valley International Meditation Center** on 27-07-2022. The students of below courses are attending the same.

IV sem. B.Sc Students

IV sem BBA Students

IV sem BCA Students

Time 8:30 A.M. – 5.00 P.M

Date- 20-7-22

Shobha L
HOD
23/7/2022

[Signature]
Principal

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(National Institutional Ranking Framework, Ministry of Education, Govt of India)
Ranked 55th in NIRF India Ranking by MHRD, New Delhi
DBT Star College Scheme

Report on Pyramid valley

Department of Indian Languages organised an excursion (Out reach programme) to **Pyramid Valley International** located in **Kanakapura road, Harohalli Hobli, Ramanagar** district of Karnataka, on the occasion of "BHASHOTSAVA".

The faculties and the students left the college at 9.30 AM through the college bus and reached there at around 11AM.



GPS Map Camera



Ramaiah

Google

Bengaluru, Karnataka, India

Bengaluru, 2HJ8+9J9, M S Ramaiah Nagar, Mathikere, Bengaluru,
Karnataka 560054, India

Lat 13.031246°

Long 77.566582°

27/07/22 09:34 AM

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The journey from the entrance to the Pyramid — through beautiful landscape of rocks, lush green gardens, soothing water bodies and pathways — helps you transcend the mind towards calmness.



The peaceful meditative Buddha at the entrance of the Pyramid is a perfect setting to be one with yourself.



At this place we got to know that Brahmarsi Pitamaha Patriji, a spiritual master taught the meditation for many people. Patriji started an organisation called Pyramid Spiritual Societies Movement in 1990. And this Pyramid Valley was built in 2007 in the outskirts of Bengaluru. It is a paradise where the spiritual and emotional needs are met. You can relax, meditate, be one with nature, or experiment by learning new life skills. It is also a place to encounter the experiences of world's spiritual masters, and develop a holistic approach to life and learning.



The Maitreya Buddha Pyramid inside the Pyramid Valley occupies a base area of 160' x160' and is as tall as a ten-storey building at a 102 ft. height. It can accommodate about 5,000 meditators at a time.

The Pyramid is constructed on the principles of the Great Pyramid of Giza. Oriented exactly in the North – South direction, the four faces of the Pyramid have the golden angle of inclination at 51°50'. The King's Chamber is located at the centre of the Pyramid, at 1/3rd the height from the base of the Pyramid. According to the Masters there, **King's Chamber** absorbs a lot of cosmic energy from the cosmos.

Thousands of people meditate daily inside the Pyramid and hence there is stupendous energy available for everyone to get recharged.



We also got to see the beautiful carvings of Lord Buddha on the walls of the Pyramid and also took the blessings of the lord. The Spiritual books related to meditation were kept for references and to purchase not only that many materials were there for purchase.

At 11.30 A.M, a discourse related to the meditation was held. Two of the masters explained in brief about pancha pranas and breathing exercises. And also made the students and faculties practise the breathing exercise for more than an hour.

Later at 1 P.M lunch was arranged for everyone. It was a delicious feast. After the lunch the students enjoyed walking the different places and the beauty of the nature.

V. Venkatesh

Principal,

*M.S. Ramaiah College of Arts, Science & Commerce
MSRIT Post, MSR Nagar
Bangalore - 560 054*

The Indian languages organizing one-day trip to the pyramid valley International meditation centre .

The following students are visiting the same:

Course: B.Sc

Sl.No	Name	Reg.No	Signature
1	Shruti Meshrum	S2014449	<i>Shruti</i>
2	Samriddhi	S2014583	<i>Samriddhi</i>
3	Madan	S2014529	<i>Madan</i>
4	Yasir Pathan	S2014536	<i>Yasir Pathan</i>
5	Firdouse	S2014497	<i>Firdouse</i>
6	Ruzaina Fathima	S2014575	<i>Ruzaina</i>
7	Rithika	S2014574	<i>Rithika</i>
8	Shivani	S2014598	<i>Shivani</i>
9	Deepika	S2014588	<i>Deepika</i>
10	Kumud Singh	S2014523	<i>Kumud</i>
11	Misba Naaz	S2014634	<i>Misba Naaz</i>
12	Seanna	S2014443	<i>Seanna</i>
13	Akshatha	S2014407	<i>Akshatha</i>
14	Ashmitha	S2014408	<i>Ashmitha</i>
15	Sheetal	S2014424	<i>Sheetal</i>
16	Aishwarya	S2014406	<i>Aishwarya</i>
17	Kounain	S2014520	<i>Kounain</i>
18	Yashoda D	S2014457	<i>Yashoda</i>
19	Swathi	S2014452	<i>Swathi</i>
20	Aditya	S2014404	<i>Aditya</i>
21	Bhavishya Ratnavelu	S2014411	<i>Bhavishya</i>
22	N Yamini	S2014430	<i>N Yamini</i>
23	Homalatha K MONICA-U	S2014505 S2014537	<i>Monica</i>
24	Dwiti A Bhandarkar	S2014418	<i>Dwiti</i>
25	Hima	S2014423	<i>Hima</i>
26	Yoshitha	S2014458	<i>Yoshitha</i>
27	Nithyashree	S2014432	<i>Nithyashree</i>

Shobha 26/7/22
HEAD OF THE DEPARTMENT
LANGUAGES
M.S. RAMAIAH COLLEGE
OF ARTS, SCIENCE & COMMERCE
BANGALORE 560054

The Indian languages organizing one-day trip to the pyramid valley International meditation centre .

The following students are visiting the same:

Course: BBA

Sl.No	Name	Reg.No	Signature
1.	R S Keetana <i>keethana</i>	B2021321	<i>P.C. Keethana</i>
2.	Sukriti	B2021354	<i>Sukriti</i>
3.	Harshitha	B2021361	<i>Harshitha</i>
4.	Nidhin	B2021305	<i>Nidhin</i>
5.	Afifa Tabassum	B2021214	<i>Afifa</i>
6.	Ashwini K	B2021332	<i>Ashwini K.</i>
7.	Sneha	B2021346	<i>Sneha</i>
8.	Govindu Lahari	B2021255	<i>Govindu Lahari</i>
9.	Madduri Devipriya	B2021288	<i>Madduri Devipriya</i>
10.	Bhargav Reddy	B2021378	<i>N. Bhargav Reddy</i>
11.	Meda Bharat	B2021292	<i>Meda Bharat</i>
12.	Poola Sharan Udbhav	B2021316	<i>Poola Sharan Udbhav</i>
13.	M. Bhavyashree	B2021300	<i>M. Bhavyashree</i>

14. *Kusum B.N.*

B2021285

Kusum B.N.

Shobhal 26/7/22
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