



RAMAIAH

College of Arts, Science
& Commerce



DEPARTMENT OF MANAGEMENT STUDIES

in association with

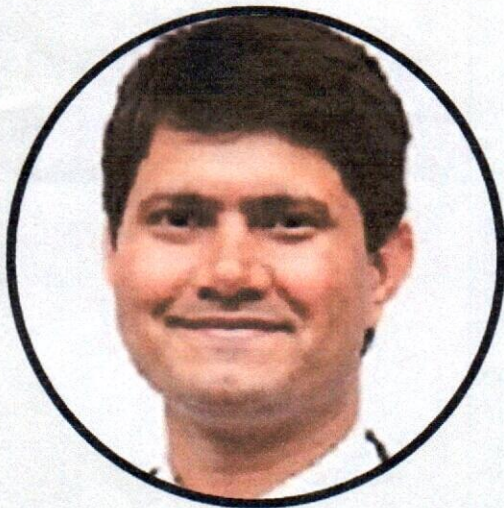
DEPARTMENT OF PSYCHIATRY

(M S Ramaiah Medical College)

On the Occasion of

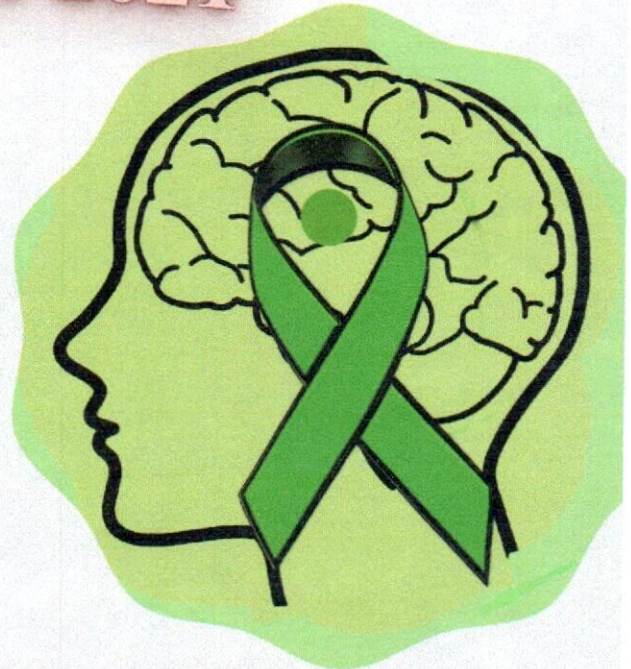
World Mental Health Day

SWASHTHA 2021



Dr. Hemendra Singh

MBBS, MD,(NIMHANS)



"Mental illness is not a choice...

But recovery is"



11
October
2021



11 - 12
AM - PM

<https://meet.google.com/sjt-kash-wpf>

Reshmy R Singh

Meghashree R A

Student Coordinators

Ms. Vichitra Somashekar

Faculty Coordinator

Dr. Bindu Nambiar

Dean



RAMAIAH
College of Arts, Science &
Commerce

M S Ramaiah College of Arts, Science and Commerce
Re-accredited 'A' by NAAC, Permanently Affiliated to Bengaluru Central University,
Approved by Government of Karnataka, Approved by AICTE, New Delhi,
Recognized by UGC under 2F & 12B of UGC act 1956

Ref. No. : RCASC/MBA/CIR/103/2020-21

October 7, 2021

CIRCULAR

Department of Management Studies

Students are hereby informed that an event on occasion of World Mental Health Day – “SWASTHA 2021” is scheduled to be conducted on October 11, 2021(Monday) from 11:00 AM to 12:00 Noon.

Speaker : Dr. Hemendra Singh
Assistant Professor
Department of Psychiatry
Ramaiah Memorial Hospital
Bangalore

Topic : STRESS MANAGEMENT & SELF HARM PREVENTION

Google meet ID : <https://meet.google.com/sjt-kash-wpf>

The brochure and schedule is attached for your reference.

Students must login atleast 05 minutes before the session.

Dr. Bindu Nambiar
Dean - Management Studies